

Seminars at Breast Cancer Haven London

Guests are welcome at some of our seminars.
Please enquire at Reception

Seminar	Therapist	Day/Dates/Times	Suggested Minimum Donation
Food & Herbs	Alex Laird	Tuesday 22 nd July 11.30am -1.00pm	£7
Juicing Greens & Smoothness	Nadia Brydon	Wednesday 30 th July 2.30pm – 4.30pm	£10
Lymphodema Workshop	Tina Glynn	Tuesday 19 th August 2.30 – 4.00pm	N/A
Art Therapy Workshop	Claire-Louise Leyland	Friday 15 th August 10.00am – 1.00pm	£10
Alexander Technique Workshop	Gill Birchall	Friday 5 th September 10.00am – 1.00pm	£10
Sound Therapy Workshop	Sheila Hill	Tuesday 9 th September 2.30pm – 4.00pm	£10
Stress Fitness Workshop	Eve Warren	Friday 12 th September 10.00am-1.00pm	£10
Qi Gong Workshop	Tricia Tehan	Monday 15 th September 10.30am – 1.30pm	£10
Juicing Greens & Smoothness	Nadia Brydon	Wednesday 17 th September 2.30pm – 4.30pm	£10
Creative Writing	Susan Elderkin	Friday 19 th September 2.00pm – 5.00pm	£10
Art Therapy Workshop	Claire-Louise Leyland	Friday 19 September 10.00am – 1.00pm	£10
Emotional Freedom Technique	Emma Roberts	Wednesday 24 th September 2.00pm – 5.00pm	£10
Life Work Coaching	Eve Warren	Friday 3 rd October 10.00am – 1.00pm	£10

Please book with our Reception team on 0207 384 0099

Registered Charity No 1061726

Guests are welcome at some of our seminars
Please enquire at Reception

Seminar	Therapist	Day/Dates/Times	Suggested Minimum Donation
Practical Assertiveness	Eve Warren	Friday 17 th October 10.00am – 1.00pm	£10
Heal Your Body – Nourish Your Spirit	Richard Farmer	Tuesday 21 st October 10.30 – 4.00pm	£25
Art Therapy Workshop	Claire-Louise Leyland	Friday 31 st October 10.00am – 1.00pm	£10
Boost Your Self Esteem	Eve Warren	Friday 7 th November 10.00am -1.00pm	£10
Art Therapy Workshop	Claire-Louise Leyland	Friday 5 th December 10.00am – 1.00pm	£10