



THE SKY'S THE LIMIT

Dewsbury resident Sonya Greer is doing a sponsored sky dive on Sunday May 31st to raise vital funds for Breast Cancer Haven.

Breast Cancer Haven in Leeds provides anyone affected by breast cancer across Yorkshire and beyond, a free programme of counselling, complementary therapies, support and information to meet the physical and emotional needs of breast cancer. In Yorkshire alone, 4,000 women are diagnosed with breast cancer every year.

Sonya was diagnosed with breast cancer in June 2008 at just 27 years old and heard about the Haven during her cancer treatment. She is now a regular Visitor. The Haven also put Sonya in touch with people who were going through the same experience as her. "It's reassuring to know other people your age can get through it" says Sonya. "It's made a massive difference...that's why the Haven means so much to me".

It costs around £1,300 to provide individual treatment programmes for every person coming to our Havens. Our specialist services are known to make a huge difference to Visitors lives at what is often the most difficult time. Sonya, along with her friends, is hoping to raise £3,000 which would mean more women with breast cancer are supported by our expert therapists and counsellors.

Breast Cancer Haven receives no government funding and relies entirely on charitable donations and fundraising events to meet all our costs. "There aren't many people who'd give up their Sunday afternoon to jump out of a plane, so we are delighted that Sonya has decided to do just that all in the name of fundraising!" comments Jane King, Yorkshire Fundraising Executive. "The money raised will directly support and help anyone dealing with breast cancer who visits the Haven".

If you would like to support Sonya and her friends and help them reach their fundraising target, please visit <http://www.justgiving.com/sonyagreer/>

For further information about Breast Cancer Haven and other fundraising opportunities please contact Jane King on 0113 2847800 or email jk@breastcancerhaven.org.uk

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Notes to Editors:

- Breast Cancer Haven supports the physical and emotional needs of anyone affected by breast cancer and its associated treatment through the provision of support, information, counselling and complementary therapies at its Havens before, during and after conventional medical care.
- Working alongside the NHS and other healthcare professionals Havens promote integrated breast cancer care where conventional and complementary medicine work together to heal the body and mind.
- The charity was founded in 1997 and we currently have Havens in London, Hereford and Leeds.

For further information or to arrange an interview please contact:

Jane King at Breast Cancer Haven on 0113 284 7806 or email jk@breastcancerhaven.org.uk

www.breastcancerhaven.org.uk