



TRIO TRY A TANDEM SKYDIVE

Intrepid trio Alex, Georgina and Hayley (from York) are doing a 10,000ft tandem skydive at the end of the month to raise funds for, and awareness of, local charity Breast Cancer Haven.

Breast Cancer Haven provides a **free** programme of counselling, complementary therapies, support and information to meet the physical and emotional needs of anyone affected by breast cancer. In Yorkshire alone, 4,000 women are diagnosed with breast cancer every year. There are currently 3 Havens; in London, Hereford and now Leeds.

The trio, siblings Alex and Georgina Wainman and Georgina's friend, Hayley Kitching, are doing the skydive in memory of Alex and Georgina's mother. Janice Wainman was diagnosed with cancer 14 years ago and battled for nearly 11 years to try and fight it. Sadly, Janice lost her battle with cancer in January 2006.

"There was no charity or support agency like this around then, but if there had been it would have helped us and our family a great deal in trying to cope" say Alex and Georgina. "Therefore we feel proud to be able to support this charity in its challenge to help the needs of anybody who may be affected by breast cancer. Every single penny makes a difference and means so much to us".

It costs the charity £1,400 to provide a tailored programme of support for every Visitor who comes to a Haven and our specialist services make such a huge difference to their lives at this difficult time. Alex, Georgina and Hayley are aiming to raise a total of £1,400 which means more women with breast cancer can be supported by our expert therapists and counsellors.

Breast Cancer Haven receives no government funding and relies entirely on charitable donations and fundraising events to meet all our costs. "There aren't many people who have the courage – and desire – to jump out of a plane at 10,000ft. I know I certainly couldn't!" comments Jane King, Yorkshire Fundraising Executive. "But they will have each other for support and encouragement and the experience will be one they will never forget."

If you would like to sponsor Alex, Georgina and Hayley please visit their fundraising pages at <http://www.justgiving.com/Alex-Wainman>, <http://www.justgiving.com/Georgina-Wainman0> and <http://www.justgiving.com/hayley-kitching>

For further information about Breast Cancer Haven or if you would like to raise funds for the charity, please contact Jane King on 0113 2847800 or email jk@breastcancerhaven.org.uk

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Notes to Editors:

- Breast Cancer Haven supports the physical and emotional needs of anyone affected by breast cancer and its associated treatment by providing a free programme of complementary therapies, support, counselling and information at its Havens before, during and after conventional medical care.
- Working alongside the NHS and other healthcare professionals Havens promote integrated breast cancer care where conventional and complementary medicine work together to heal the body and mind.
- The charity was founded in 1997 and we currently have Havens in London, Hereford and Leeds.

For further information or to arrange an interview please contact:

Jane King at Breast Cancer Haven on 0113 284 7806 or email jk@breastcancerhaven.org.uk
Out of hours please call 07961 417837

www.breastcancerhaven.org.uk